Timeline	Major theme	Minor theme	Learning Outcomes	Content Focus	PTC
Sept-Oct (8)	Health & Wellbeing	Mental Health	KNOW strategies that help to maintain good mental health AND the possible causes/warning signs of poor mental health - Describe how to maintain body positivity - List the warning signs of poor mental health due to bereavement UNDERSTAND that certain circumstances may lead to poor mental health - Analyse why some people undertake body modification - Analyse why bereavement may lead to poor mental health BE ABLE TO speak confidently about their emotions AND confidently seek help when experiencing poor mental health - Reflect on whether you would undertake body modification - Seek help if your mental health is negatively affected by body image issues or bereavement	Body modification - plastic surgery - Intro, the facts, link to body image Body modification - plastic surgery - Amy Childs Bereavement - Intro, the facts, seeking help Bereavement - Coronavirus - death as a statistic	Emotions in Year 7 Body image and self-esteem in Year 8 Mental illness in Year 9
		Risk behaviours	KNOW the risks associated with substance abuse (drugs and alcohol) - State the laws on drug and alcohol consumption - List the risks associated with drug and alcohol consumption UNDERSTAND the relationship between risk behaviours, self-concept and peer pressure AND the circumstances when certain risk behaviours may become unsafe - Explain how self-concept and peer pressure influences drug and alcohol consumption - Explain why and when drug and alcohol consumption may become unsafe BE ABLE TO think critically about why others may participate in risk behaviours AND make informed and safe decisions when undertaking risk behaviours - Analyse why some people consume alcohol and drugs - Critically assess if/when to consume alcohol and drugs	Alcohol - Intro and re-cap facts from Year 7 Alcohol - 'You are boring if you don't drink' Drugs - Intro and re-cap facts from Year 8 Drugs - Unregulated means unsafe	Alcohol in Year 7 Drugs in Year 8 Peer pressure in Year 8 Popularity in Year 9 Gang crime in Year 9 Mental illness in Year 9
		Physical Health	KNOW the importance of sleep in maintaining physical health AND how to perform CPR - Describe how good quality sleep benefits physical and mental	Sleep - Intro, the facts, good habits. Sleep - Why does	First aid in Year 7 Diet and

			health - Describe how to perform CPR UNDERSTAND the challenges of maintaining good quality sleep AND the importance of CPR in personal safety - Critically assess the challenges of maintaining good quality sleep - Explain why CPR is important in personal safety BE ABLE TO make informed choices about sleep AND use CPR to keep yourself and others safe - Maintain a good quality sleep routine - Perform CPR	school start so early? Sleep - Why can't I put my mobile down at night? CPR - Intro and how to do it CPR - When could you need it? (risk taking) & Defibrillators	Exercise in Year 7 and 8 Risk behaviours - alcohol and drugs
Nov-Dec (5)	British values & Character (RS)	Equality Democracy Performance Character Moral Character	**Inspirational Religious People:** KNOW: - What makes a person inspirational - The qualities and characteristics of inspirational leaders. - How religious faith can inspire a person and influence their life. - Examples of inspirational and influential figures in history. UNDERSTAND: - How strong character can influence a person to do great things. - Why influential figures in history made sacrifices to help others. - How individual actions can have a global impact. BE ABLE: - To talk confidently about the characteristics involved in becoming an inspirational and influential leader. - To understand the impact of 3 inspirational people. - To speak out against injustice when it is seen and inspire people.	Qualities of an inspirational leader. Different ways that faith inspires action. The life and influence of Martin Luther King, Malala Yousafzai, and Elie Wiesel. The effect that religious faith has had on Martin Luther King, Malala Yousafzai, and Elie Wiesel.	Performance and Moral character in KS3 Helping others in KS3 Work ready - Oracy skills in Year 8 Extinction rebellion in Year 8 Racism in Year 9
Jan-Feb (7)	Futures & Careers	What's out there?	KNOW patterns in the labour market AND a range of possible career paths and employment options AND the roles and responsibilities involved in a range of careers - Describe patterns in the labour market - List different careers in the care sector	Labour market - Intro, why can't we all be footballers? Caring careers - Intro, careers	Services in Year 7 Creative careers in Year 8

			- Describe the roles and responsibilities involved in a range of care based careers UNDERSTAND why different careers are required within our society AND that the labour market may impact employment opportunities - Explain why care careers are important in our society - Explain why the labour market impacts employment opportunities BE ABLE TO confidently explore career paths and employment options AND make informed decisions about what career path to pursue - Analyse the pros and cons of a career in the care sector - Reflect on whether you would like to pursue a career in the care sector	carousel, what will change in the future? Career talk - What is it really like?	STEM careers in Year 9 Nature of success in Year 7 Aspiration in Year 9
		Work ready	KNOW how to successfully acquire a job - Describe how work experience and cover letters help you acquire a job UNDERSTAND the purpose of the job application process - Critically assess the purpose of cover letters and work experience BE ABLE TO confidently prepare for the job application process - Create a cover letter - Secure a work experience placement	Work experience - Intro, benefits, how to get it Work experience - Unifrog - where shall I go? What's out there? Cover letter - Intro, what are they for, the good and the bad Cover letter - Write your own	Work experience placement (Summer) Employment skills in KS3 Performance character in KS3 CV creation in Year 9
Mar-Apr (6)	Sex & Relationships	Platonic relationships	KNOW the features of negative platonic relationships - State the laws on and related to cyber-bullying - Describe the features of cyber-bullying UNDERSTAND how platonic relationships can become negative or unsafe - Explain the negative effects of cyber-bullying - Analyse why cyber-bullying exists BE ABLE TO challenge negative platonic relationships AND confidently seek help when in a negative platonic relationship	Cyber-bullying - Intro, the law, the facts and how to to get help Deep fakes in cyber-bullying Cyber-bullying - 'You should kill yourself'	Bullying in Year 7 Character in Disputes in Year 9 Mental Health - Body modification

			- Challenge the behaviour of cyber-bullies - Seek help if you are negatively affected by cyber-bullying	Cyber-bullying - You feeling worse makes me feel better	
		Intimate relationships	KNOW the law on consent - State the law on consent - Describe how consent issues can impact intimate relationships UNDERSTAND the issues surrounding consent and rape - Explain the negative impact of issues surrounding consent and rape - Discuss why consent and rape are persistent issues BE ABLE TO make informed decisions about the positivity of intimate relationships AND confidently seek help when in a negative intimate relationship - Critically assess if pressure and consent issues are affecting your intimate relationship - Seek help if you expereince pressure, sexual assault or rape in an intimate relationship	Consent - Intro, the law, link to pressure, cup of team Consent - the facts, you decide scenarios Rape, sexual assault, stragulation and suffocation	Pressure in Year 8 Nudes in Year 9 Risk behaviours - drugs and alcohol
		Ready for sex	KNOW what is required to effectively care for children - List the physical signs of pregnancy - Describe the emotional, financial and organisational commitments required to effectively care for children UNDERSTAND the issues surrounding unwanted pregnancy - Discuss the options that can be taken when faced with an unwanted pregnancy - Critically assess the advantages and disadvantages of abortion, adoption and having an unwanted pregnancy BE ABLE TO make informed decisions about when to have sex AND when to have children - Reflect on when you will be/if you are ready to have children - Seek help if concerned about pregnancy or having children	Pregnancy - Intro, link to contraception, the science, pregnancy care. Unwanted pregnancy - The options and the effects Children - Am I ready? Caring for children Children - The pregnancy pact	Positive Platonic relationships in Year 7 Contraception in Year 9
		Related issues	KNOW the law on exploitation and FGM - State the law on sexual explotation and FGM	Sexual exploitation - Intro, the law, the	Grooming in Year 9

			UNDERSTAND the reasons that sexual-related offences exist AND what can be done to safeguard ourselves and others from sexually-related offences - Analyse why sexual exploitation and FGM exists in society - Explain how we can prevent sexual exploitation and FGM BE ABLE TO confidently seek help if concerned about sexually-related offences AND empathise with the victims of sexually-related offences - Empathise with victims of sexual exploitation and FGM - Seek help if you are concerned about sexual exploitation and FGM	facts, where to get help. Sextortion. Sexual exploitation - Rochdale child abuse case FGM, Virginity testing & Hymenoplasty - Intro, the law, the facts, stories FGM - Julia lalla-maharajh	Forced marriage and FGM in Year 8 Sharing explicit images in Year 9
May-Jul (10)	Community & Citizenship (RS)	Helping others Protecting the environment Building citizenship	**Religion and Society:** KNOW: - The Christian influence on British society (Politics, Law, the court system). - The religious influence on morality. - How religious views have affected society's view on medical ethics (Sanctity of life, abortion, Euthanasia). - How religion has had an impact on education. UNDERSTAND: - How society is influenced by religion. - How historial religious influence affects large parts of society, from the law to the common view of medical ethics. - How even atheists may find that some of their commonly held views originate from religious belief. BE ABLE TO: - Write about how society is influenced by religion. - Express an opinion on an issue in society created by religious belief. - Evaluate the religious influence on society. **Global Issues 2:** KNOW: - Issues of social injustice around the world	Religious influences on law and society. Ethical systems which use Religious views as their basis (Situation Ethics and Natural Law) Religious responses to issues in medical ethics (Abortion and Euthanasia). Religious responses to the religious influence on education. Issues of social	Moral character in KS3 Political awareness in Year 8 Cultural awareness in Year 7 Equality

			- How gender plays a big part in inequality around the world and how religion responds to this. - How poverty affects societies around the world and religious responses to it. - The human effect on the environment and religious responses to this. UNDERSTAND: - The issues of social injustice that many people live with around the world. - The need for social change to help protect the environment and help others in the international community. - The religious response to a variety of issues around the world. BE ABLE TO: - Express an informed opinion on many different global issues. - Reference the religious response to a range of issues around the world. - Evaluate the religious responses to a range of global issues.	injustice UN list of social issues globally. Gender issues globally. Religious stories which discuss gender equality. Religious controversy regarding gender. Religious responses to the environment. Religious responses to poverty.	(sexism) in KS3 Helping others in KS3 Protecting the environment in KS3 Gender Identity in Year 8