Timeline	Major theme	Minor theme	Learning Outcomes	Content focus	Links to PTC
Sep-Oct (13/14)	Future & Careers	Work ready	KNOW the skills and attributes that employers value - Describe different ways people achieve professional success - Describe digital literacy and media literacy UNDERSTAND why employability skills are important - Explain why success in employment is important - Explain the purpose of digital literacy and media literacy BE ABLE TO build skills and attributes that will lead to professional success - Reflect on how you will achieve professional success - Perform basic digital and media skills - Evaluate digital and media sources - Critically assess your digital and media literacy skills	Digital Literacy - Intro & How to (for school and beyond) Digital Literacy - Online reputation & safety Digital Literacy - Truth in digital sources & Deep fakes Media Literacy - Intro & How to (for school and beyond) Media Literacy - Truth in media sources Nature of Success - Why work?	Online safety, media and digital literacy in KS2
		What's out there?	KNOW a range of possible career paths and employment options AND the roles and responsibilities involved in a range of careers - List different careers in the services sector - Describe the roles and responsibilities involved in a range of service based careers UNDERSTAND the importance of exploring a range of careers AND why different careers are required within our society - Explain why you have/haven't previously explored these careers - Explain why services are important in our society BE ABLE TO make informed decisions about what career path to pursue - Analyse the pros and cons of a career in the services sector - Reflect on whether you would like to pursue a career in the services sector	Services - Difference between public and private Public services - What and why? Private services - What and why? Career talk - What is it really like? Services in the future - What might change?	Contributing to the community and broad careers focus in KS2
Oct - Dec	British values	Equality	KNOW the meaning of equality and tolerance AND a range of	Equality and Inequality -	Respecting

(14)	& Character		different views - Define equality, equity and tolerance - List different views on topical issues UNDERSTAND why equality and tolerance are important - Explain why inequality, inequity and intolerance create negativity - Explain why inequality, inequity and intolerance exist BE ABLE TO be tolerant of the views of others AND treat all people equally - Listen to and try to understand the views of others - Critically assess your views in comparison with the views of others - Examine when you act in an unequal or inequitable way - Challenge inequality in your views and the views of others	Intro, the law and history Equality vs Equity - Is positive discrimination right? Tolerance - Should boys and girls be educated together? Tolerance - Should young people be given more independence? Tolerance - Should violent video games be banned?	others in KS2 Different views in Work ready - digital and media literacy
		Democracy	KNOW the meaning of democracy, law and liberty AND how laws are created and changed - Define democracy, law and liberty - Describe democracy in the UK - Describe how laws are created and changed UNDERSTAND the relationship between law, liberty and democracy - Explain the relationship between democracy, law and liberty - Explain why law, liberty and democracy are important BE ABLE TO critically assess the laws that govern society - Evaluate UK democracy and laws - Discuss laws you think should be changed	Law and Liberty - Intro and history of law creation Law and Liberty - Why do we need law? Lawless society Democracy - UK Political system and voting Law - Law changes - votes for women Law - Controversial laws - animal cruelty	Law and the police in KS2
		Performance character	KNOW the traits that make up performance character AND the meaning of performance character traits - Define performance character, teamwork and resilience UNDERSTAND how strong performance character can lead to academic, professional and social success - Explain why resilience and teamwork are important - Analyse resilient individuals and effective teams BE ABLE TO challenge themselves in performance character	Resilience - Intro and resilience challenges Resilience - Resilient people Teamwork - Intro and teamwork challenges Teamwork - Effective teams	Work ready - employability skills

			building situations - Demonstrate effective teamwork and resilience - Analyse the complex nature of teamwork and resilience	Project - Christmas Fayre	
		Moral character	KNOW the traits that make up moral character AND the meaning of moral character traits - Define moral character, honesty and courage UNDERSTAND how strong moral character can lead to positive social, emotional and civic change - Explain why honesty and courage are important - Analyse honest and courageous individuals BE ABLE TO challenge themselves in moral character building situations - Demonstrate honesty and courage - Analyse the complex nature of honesty and courage	Honesty - Intro and how honest are we? Honesty - Honest people Courage - Intro and how courageous are we? Project - Stand up	Moral focus in KS2
Jan - Feb (14)	Health & wellbeing	Physical health	KNOW the physical changes that occur throughout life AND how to perform basic first aid - List the changes that occur during puberty - List the health concerns that face different ages - Describe emergency first aid for a range of minor injuries UNDERSTAND how levels of physical health differ around the world AND the importance of first aid in personal safety - Explain how physical health differs at different ages, in different countries - Explain situations where first aid knowledge would be required BE ABLE TO self-screen with confidence AND use CPR and first aid to keep yourself and others safe - Assess normal and abnormal physical changes - Accurately treat minor injuries	Physical Health - Intro and re-cap KS2 Physical changes - Puberty & Menstruation Physical changes - Puberty 2 - Endometriosis & Polycystic ovaries. Physical changes - Health in a range of countries First Aid - How to and scenarios First Aid - Disaster movie	Puberty, physical changes, hygiene and first aid in KS2
		Mental health	KNOW how emotions positively and negatively influence mental health AND strategies that help to maintain good mental health - Describe how different emotions affect mental health - List strategies to help maintain good mental health	Emotions - Intro and Inside Out Emotions - Boys don't cry	Mental health in KS2

			UNDERSTAND the importance of maintaining positive self-esteem AND that certain circumstances may lead to poor mental health - Explain why self-esteem is essential for positive mental health - Explain how stressful situations affect our mental health BE ABLE TO speak confidently about their emotions AND balance commitments to maintain positive mental health - Speak confidently about your emotions - Organise your time to balance a range of commitments	Emotions - Self-esteem Good mental health - Stress management Good mental health - Hobbies and the Outdoors Good mental health - Balance	Performance character - resilience
		Risk behaviours	KNOW the risks associated with alcohol consumption AND how to stay safe on the internet AND how to follow criminal law - List the laws and risks associated with alcohol consumption - Describe how to stay safe on the internet and in public spaces - State the dangers of cold shock and how to stay safe in the water UNDERSTAND the circumstances when certain risk behaviours may become unsafe AND the challenges of staying safe online - Explain why and when alcohol consumption, internet use and public spaces may become unsafe - Explain why staying safe online is difficult BE ABLE TO think critically about why others may participate in risk behaviours AND make informed and safe decisions when undertaking risk behaviours - Analyse why some people consume alcohol and become unsafe in public or online. - Critically assess when to consume alcohol and what to explore online	Alcohol - Intro, the science, the law and the risks Alcohol - U14s and alcohol (stories) Internet safety - Intro, the facts and the risks Internet safety - U14s and the internet (stories) Being safe - Personal safety in public spaces - water, roads, railways etc.	Alcohol and internet safety in KS2 Work Ready- digital literacy Moral character - honesty & courage

Mar - Apr (14)	Sex & Relationships	Platonic relationships	KNOW the positive impact of platonic relationships AND the features of negative platonic relationships (bullying) - Describe the benefits of platonic relationships - Describe the features of negative platonic relationships UNDERSTAND how platonic relationships can become negative or unsafe - Explain how friendships can become negative - Analyse why bullying exists BE ABLE TO challenge negative platonic relationships AND confidently seek help when in a negative platonic relationship - Confidently challenge bullying - Seek help if you are being bullied	Friends and family - Intro and why do we need them? Family changes Friends and family - Are you a good friend/family member? Bullying - Intro and why does bullying exist? Bullying - Challenging bullies (scenarios) and seeking help	Friendships & Bullying in KS2 Mental health - self-esteem Equality - tolerance Moral character - stand up
		Intimate relationships	KNOW the features of positive intimate relationships - Define commitment - Describe the features of positive intimate relationships UNDERSTAND the diversity in positive intimate relationships - Explain why there is diversity in positive intimate relationships BE ABLE TO form and sustain positive intimate relationships - Discuss when and how you may form an intimate relationship - Evaluate what you would like an intimate relationship to look like	PIR - Intro and features PIR - Commitment - Are we supposed to be monogamous? PIR - Marriage & Civil Partnership - Is marriage outdated? You and intimate relationships - Would I like a boyfriend/girlfriend?	Different family structures in KS2 Mental health - emotions
		Ready for sex	KNOW about diversity in sexual orientation - List different sexual orientations UNDERSTAND the stereotypes and myths associated with different sexual orientations - Recognise stereotypes and myths associated with different sexual orientations - Analyse different views about sexual orientation BE ABLE TO make informed decisions about when to have sex - Speak confidently about your sexual orientation	Sexual Orientation - Intro, myths and stereotypes Sexual Orientation - Born this way Sexual Orientation - Confused with gender identity	Identity in KS2

		Related issues	KNOW the law about sexual-related offences such as sexual harassment and upskirting - State the laws on sexual harassment and upskirting UNDERSTAND the reasons that sexual-related offences exist AND what can be done to safeguard ourselves and others from sexually-related offences - Analyse why sexual harassment exists in our society - Explain how we can prevent sexual harassment BE ABLE TO confidently seek help if concerned about sexually-related offences AND empathise with the victims of sexually-related offences - Empathise with victims of sexual harassment - Seek help if you are experiencing sexual harassment	Sexual Harassment - Intro, the law and scenarios Sexual Harassment - Is wolf whistling a compliment? Sexual Harassment - Donald Trump's locker room talk Upskirting - Intro, law changes and scenarios Upskirting - South Korea	Safe relationships in KS2 Democracy - Law creation
May-July (16)	Community & Citizenship	Helping others	KNOW issues that people are facing both locally and globally AND the individual and collective benefits of helping others - Describe how lack of education impacts children around the world - Describe why we should help others UNDERSTAND why a range of local and global issues exist AND the challenges that prevent people from helping others - Explain why lack of education exists in some parts of the world - Analyse why lack of education is a persistent issue BE ABLE TO help others by raising awareness, volunteering or performing charitable acts - Suggest ways to help children who can not access education - Raise awareness or financial aid for children who can not access education	Lack of Education - Intro, facts and case studies Lack of Education - Why is lack of Education a persistent issue? Lack of Education - How can we help? Charities Project - Make a difference	Contributing to the community and broad careers focus in KS2 What's out there - services
		Protecting the environment	KNOW the impact that humans are having on the environment AND actions that can be taken to protect the environment - Describe the impact that rubbish and animal cruelty have on the environment - Describe methods to reduce the impact of rubbish and animal cruelty on the environment	Human Rubbish - Intro, facts and why this is an issue Human Rubbish - Why not recycle and reduce? Human Rubbish - Make	Shared responsibilities in KS2 Moral character -

			UNDERSTAND why a range of environmental issues exist AND the challenges that prevent people from protecting the environment - Explain why large amounts of rubbish and animal cruelty exist - Analyse why more people don't use methods to reduce the impact of rubbish and animal cruelty BE ABLE TO critically discuss environmental issues AND act responsibly to minimise environmental impact - Critically discuss the issue of human rubbish and animal cruelty - Act in a way that minimises human rubbish and animal cruelty	a change Animal cruelty - Intro, facts and why this is an issue Animal cruelty - Testing, Work and Entertainment Animal cruelty - Make a change	courage
		Building citizenship	KNOW a range of different cultural practices - Describe a range of cultures that exist in our society UNDERSTAND the importance of diversity and cultural awareness - Explain the benefits of cultural diversity BE ABLE TO accept the cultural practices of others - Demonstrate willingness to understand the cultural practices of others - Challenge inequality in your views and the views of others in relation to cultural practices	Cultural awareness - Intro and what's out there Cultural awareness - Culture vs stereotypes	Equality - tolerance