Timeline	Major theme	Minor theme	Learning Outcomes	Focused Content	PTC
Sep-Oct (8)	British Values & Character	Equality	KNOW the different forms of discrimination that exist in society - Define racism UNDERSTAND the cultural circumstances that have created inequality AND the negative consequences of discrimination - Discuss the cultural circumstances that have lead to racism - Explain the negative consequences of racism BE ABLE TO question stereotypes and unconscious bias AND challenge discrimination - Critically assess racial stereotypes - Challenge discrimination in your views and the views of others	Racism - Intro, the law, the history Racism - Black Lives Matter - George Flloyd Racism - Microaggression	Equality, equity and tolerance in Year 7 Equality stereotypes and unconscious bias linked to sexism and homophobia in Year 8
		Moral character	KNOW the traits that make up moral character AND the meaning of moral character traits - Define empathy and compassion UNDERSTAND how strong moral character can lead to positive social, emotional and civic change - Explain why empathy and compassion are important - Analyse empathetic and compassionate individuals BE ABLE TO challenge themselves in moral character building situations - Demonstrate empathy and compassion - Analyse the complex nature of empathy and compassion	Empathy & Compassion - Intro and why do we find it so hard to empathise with others? Empathy & Compassion - Blue eyes, Brown eyes	Respect and gratitude in Year 8 Helping others in Year 7 and 8 Bullying in Year 7 Equality - Racism
		Democracy	KNOW how laws are created and changed AND how democracy has/can shape society - Describe how courts are used to maintain law and justice - Define freedom of speech UNDERSTAND the relationship between law, liberty and democracy AND the challenges that prevent these values from being successful - Explain how courts influence law and democracy - Explain the relationship between freedom of speech, law and democracy BE ABLE TO critically assess the laws that govern society AND participate in a lawful, democracitc society	The Courts - Intro, the facts and link to law & democracy The Courts - Mock trial Freedom of Speech - Intro, the law, link to democracy Freedom of Speech - Does FoS allow the media to be	Democracy basics in Year 7 Comparison with other countries in Year 8 Political awareness in Year 8 Moral Character - Honesty in

			- Critically assess how courts maintain law and order - Critically assess the impact of freedom of speech on our society	unethical?	Year 7 Media Literacy in Year 7
		Performance character	KNOW the traits that make up performance character AND the meaning of performance character traits - Define confidence and aspiration UNDERSTAND how strong performance character can lead to academic, professional and social success - Explain why confidence and aspiration are important - Analyse confident and aspirational individuals BE ABLE TO challenge themselves in performance character building situations - Demonstrate effective confidence and aspiration - Analyse the complex nature of confidence and aspiration	Confidence - Intro, confidence challenges Confidence - Mock Trial continued. Aspiration - Intro and goal setting Aspiration - What do I want to achieve?	Resilience in Year 7 Leadership in Year 8 Work ready - Oracy skills in Year 8 Work ready - Nature of success in Year 7 Democracy - Mock trial
	Futures & Careers Nov-Dec (7)	What's out there?	KNOW a range of possible career paths and employment options AND the roles and responsibilities involved in a range of careers - List different careers in the STEM sector - Describe the roles and responsibilities involved in a range of STEM based careers UNDERSTAND how stereotypes and expectations may limit aspiration AND why different careers are required within our society - Explain how stereotypes limited aspiration in STEM careers - Explain why STEM careers are important in our society BE ABLE TO make informed decisions about what career path to pursue AND challenge stereotypes that limit aspiration - Analyse the pros and cons of a career in the STEM sector - Reflect on whether you would like to pursue a career in the STEM sector - Challenge stereotypes that prevent some pursuing STEM careers	STEM careers - careers carousel STEM careers - Why are minorities underrepresented? STEM careers in the future - What might change?	STEM ELD Services in Year 7 and Creative in Year 8 Equality - Unconscious bias and sexism in Year 7 and 8 Equality - Racism Moral character - Aspiration
		Work Ready	KNOW post-14 options AND how to successfully acquire a job - List post-14 subjects and qualification options	Post-14 Options - Intro and subjects	Employment skills in Year 7

			- Describe how examination and CVs help you acquire a job UNDERSTAND how different post-14 options can lead to different employment opportunities AND the purpose of the job application process - Explain how different post-14 subjects/qualifications can lead to different employment options - Critically assess the purpose of examinations and CVs in the job application process BE ABLE TO make informed decisions about what post-14 options to take AND confidently prepare for the job application process - Assess post-14 options for your personal future - Create a CV	linked to careers Examinations - An outdated way to assess employability? CV - Intro, the good and the bad, make your own (unifrog).	and Year 8 What's out there - Services, Creative and STEM Performance Character and Moral character - Projects
	Sex & Relationships Jan-Feb (7)	Platonic relationships	KNOW the positive impact of platonic relationships AND how to manage platonic relationships - Describe the importance of friendship for teenagers - Describe how to demonstrate character in disputes UNDERSTAND the complexity of relationship management - Analyse whether popularity is important in platonic relationships - Explain why it is difficult to demonstrate in disputes BE ABLE TO form and sustain positive platonic relationships - Critically assess the quality of your friendships - Demonstrate effective character in disputes	PPR - Intro, benefits of friendships PPR - Why do tennagers want to be popular? CID - Intro, dispute scenarios CID - Why do we say things we regret? Online disagreements	Positive platonic relationships and bullying in Year 7
		Intimate relationships	KNOW the law on sharing explicit images AND how sexual activity can impact intimate relationships - State the laws linked to pornography - Describe how pornography, sexting and nudes can impact intimate relationships UNDERSTAND the risks associated with sexting and nudes - Explain the risks associated with pornography, sexting and nudes - Analyse why the sharing explicit images law is often broken BE ABLE TO make informed decisions about the positivity of intimate relationships AND confidently seek help when in a negative intimate relationship	Pornography - Nudes - Intro, the law, scenarios Pornography - Nudes - Why is the law so easily broken?	Pressure in intimate relationships in Year 8 Sexual Harassment in Year 7

			- Critically assess how pornography, nudes and sexting impact intimate relationships - Seek help if exposed to pornography.		
		Ready for sex	KNOW where to find and how to use different types of contraception AND how to maintain sexual health - Name different types of contraception - Describe where to find contraception and how to maintain sexual health UNDERSTAND the importance of contraception during sexual activity - Explain the importance of contraception during sexual activity - Explain the risks of unprotected sexual on health BE ABLE TO make informed decisions about when to have sex AND confidently source and use contraception - Confidently source and use contraception when required	Contraception - Intro, types, where to find STIs - What, why do people still have unprotected sex?	Confidence in Year 8
		Related issues	KNOW the law about grooming and extremism - State the laws on grooming and radicalisation UNDERSTAND the reasons that sexual-related offences exist AND what can be done to safeguard ourselves and others from sexually-related offences - Analyse why grooming and radicalisation exists in society - Explain how we can safeguard against grooming and radicalisation BE ABLE TO confidently seek help if concerned about sexually-related offences AND empathise with the victims of sexually-related offences - Empathise with victims of grooming and radicalisation - Seek help if you are concerned about grooming and radicalisation	Stalking - The law, what to look for and where to get help. Grooming - Intro, the law, the facts Grooming - Why is grooming on the rise? Radicalisation - Intro, the law, the facts Radicalisation - Safaa Boular and Prevent	Pressure and forced marriage in Year 8 Intimate relationships - Sharing Explicit images
	Health & Wellbeing Mar-Apr (8)	Physical health	KNOW the importance of diet and exercise in maintaining physical health - Describe how diets can lead to us becoming unhealthy - Describe how exercise benefits physical and mental health UNDERSTAND the challenges of maintaining a balanced diet and regular exercise AND the invisible nature of physical health	Obesity - Intro, link to diet, why do we have an obesity problem? Obesity - Do we judge health based	Diet for health in Year 8 Media literacy in Year 7 Body Image in Year 8 - Fit

			- Analyse why people don't regularly exercise and maintain a healthy diet - Critically assess how body shape and size influences perception of physical health BE ABLE TO make informed choices about diet and exercise AND critically assess sources of health information - Choose a healthy diet and level of exercise - Critically assess how the media portrays health	on body size? Exercise - Intro, importance for health, why don't more people exercise? Exercise - Body image and exercise dependency	looks good Democracy - media in freedom of speech
		Mental health	KNOW warning signs of poor mental health AND a range of poor mental health conditions and negative coping strategies - List possible warning signs of poor mental health - List a range of mental health conditions and negative coping strategies UNDERSTAND the stigma and myths that surround mental health AND the challenges of effectively managing/treating mental health - Critically assess the stigma that surrounds mental health - Explain why treating mental health is so difficult BE ABLE TO confidently seek help when experiencing poor mental health - Seek help when experiencing poor mental health - Support others with their mental health	Mental Illness - Intro, the facts, the stigma Mental Illness - Depression and Anxiety Negative coping strategies - Self harm Negative coping strategies - Eating Disorders	Emotions and stress management in Year 7 Self-care and body image in Year 8 Performance character - confidence
		Risk behaviours	KNOW the risks associated with gambling AND how to follow criminal law - List the risks associated with gambling - State the laws on and surrounding gang crime UNDERSTAND the circumstances when certain risk behaviours may become unsafe AND why and how young people become involved in crime - Explain when gambling becomes unsafe - Analyse why young people enter gangs BE ABLE TO think critically about why others may participate in risk behaviours AND confidently seek help if risk behaviours become unsafe or unhealthy - Critically assess why people choose to gamble	Gambling - Intro, the law, snail race Gambling - Tap, tap boom - Is online gambling too easy? Gangs - Intro, the laws and the facts Gangs - County lines - Boy X	Theft and alcohol in Year 7 Drugs and smoking in Year 8 Positive relationships - Popularity Related issues - Grooming

			- Seek help if you feel unsafe because of gambling or gangs		
	Community & Citizenship May-July (6)	Helping others	KNOW issues that people are facing both locally and globally AND the individual and collective benefits of helping others - Describe how conflict impacts people around the world - List the benefits of supporting those affected by conflict UNDERSTAND why a range of local and global issues exist AND the challenges that prevent people from helping others - Explain why conflict exists in a range of countries - Analyse why conflict is a persistent issue BE ABLE TO help others by raising awareness, volunteering or performing charitable acts AND critically discuss how best to help others - Critically discuss how best to help those affected by conflict - Raise awareness or financial aid for those affected by conflict	Conflict - Intro, the facts and history Conflict - Syrian conflict - the history and today Refugees - Intro, the facts and history Refugees - Migrant crisis	Lack of education in Year 7 Equality - Racism Moral character - empathy
		Protecting the environment	KNOW the impact that humans are having on the environment AND actions that can be taken to protect the environment - Describe the effect of the fashion industry on the environment - List ways to prevent the negative impacts of fast fashion UNDERSTAND why a range of environmental issues exist AND the challenges that prevent people from protecting the environment - Explain how fast fashion is having a negative impact on the environment - Analyse why more people don't use methods to reduce fast fashion BE ABLE TO critically discuss environmental issues AND act responsibly to minimise environmental impact - Critically discuss the impact of the fashion industry on the environment - Act in a way that minimises fast fashion	Fast fashion - Intro, the facts, the impact Fashion - The environmental impact of cotton - The Aral sea	Recycling in Year 7 Climate change in Year 8
		Building citizenship	KNOW how to maintain financial security - Describe how to manage money - Describe the role loans play in financial security UNDERSTAND how individuals get into financial difficulty - Explain the challenges of managing money	Managing money - Intro, the basics, managing money challenge Managing money -	Nature of success in Year 7 Taxes in Year 8

			- Analyse how loans can lead to financial difficulty BE ABLE TO make critical and informed financial decisions - Reflect on how you may manage money in the future - Discuss what loans you might make use of in the future	Credit cards Loans - Intro, the basics, types of loan Loans - Payday loans	Risk behaviours - Gambling